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## NUCLEAR MEDICINE IMAGING

# A Patient's Preparation Guide

## For Nuclear Medicine Procedures

*Provider of  
Nuclear Medicine Services To:*

Your appointment is scheduled as follows:

\_\_\_\_\_  
Patient's Name

\_\_\_\_\_  
Appointment Date

\_\_\_\_\_  
Appointment Time                      a.m. / p.m.

\_\_\_\_\_  
Hospital/Facility

*Please arrive at the hospital/facility 15 minutes before your  
appointment for registration unless otherwise instructed.*



## WHOLE BODY BONE SCAN 3 PHASE BONE SCAN BONE SPECT

- Patients can eat and drink normally before all bone scans.
- All bone scan patients come in for an injection and return approximately 3 hours later for images.
- Patients may require additional x-rays after the bone scan.

## HEPATOBIILIARY SCAN (HIDA)

- Nothing to eat or drink 6 hours prior to exam.
- Patients come in for injection and then scanned for about an hour and fifteen minutes.

## RENAL SCANS

- Patients should drink plenty of fluids prior to their exam.
- Patients should consult their doctor about discontinuing and medications prior to exam.
- Patient will have an injection and will be scanned for 1 - 2 hours.

## THYROID SCAN

- Consult your doctor about discontinuing any medications prior to exam.
- Entire procedure should take less than one hour.

## GENERAL INFORMATION

- All patients will be injected with a radioactive medication that should not result in any side effects.
- Patients should dress comfortably with loose fitting clothing.
- Patients can bring a music CD of their choice to listen to during their exam.
- Patients may bring reading material as there may be a waiting period.
- Patients may bring a DVD or VHS tape to watch during the procedure.